No. 4. 1995

Leader

• A Publication of Junior Chamber International (JCI), Inc., for Local Chapters •

JCI MISSION

" . to contribute to the advancement of the global community by providing the opportunity for young people to develop the leadership skills, social responsibility and fellowship necessary to create positive change."

Half-a-million children benefit from Future of Children projects

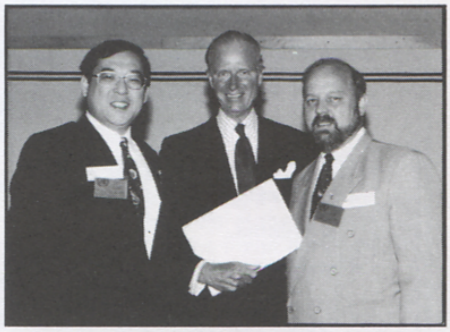
By September 30 the JCI World Headquarters received more than 200 Future of Children project reports. The Future of Children is 1995 JCI President Oji's emphasis program encouraging chapters worldwide to conduct at least one project benefiting children. Project reports are still arriving, and the results will appear in the 1996 Leader Newsletter.

More than 500,000 children have already received benefits from the projects conducted by 1,547 members in more than half of the JCI National Organizations. Examples of the projects appear on pages four and five of this edition.

President Oji extends his thanks to all participants in the Future of Children projects and wishes to share his desire that more people will join the crusade for a better future for children. Future of Children project reports are still welcome. Each chapter will be awarded a certificate from JCI President David Oji, and project committee members will receive an exclusive Future of Children pin from the president.



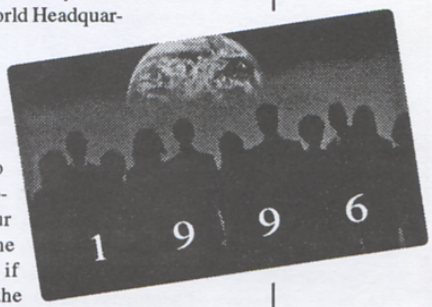
See pages 4 and 5 to read about more JCI projects that benefit children.



JCI President David Oji and JCI Secretary General Benny Ellerbe with Undersecretary of the UN Joseph Reed at the JCI Conference for the United Nation's 50th Anniversary. For more information, see page 2.

1996 membership card is ready

The 1994–1995 membership card was a tremendous success among the almost 400,000 members of Junior Chamber International. The WHQ is now printing the 1996 cards, which will be ready by December 1995. They will go out to most of the National Organizations for distribution to the members. For other National Organizations, JCI will print the names on the cards and send them to chapters. Make sure you have your chapter's member list ready to send to the National Secretariat or JCI World Headquarters by the beginning of January. We will send the 1996 Membership Card form with the January 1996 Leader Newsletter. Please return the form to JCI with the names of chapter members. Contact your National Secretariat or the JCI World Headquarters if you have not received the form by the end of January.



One Step Ahead

Leader

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The JCI World Headquarters
is located at:
400 University Drive
P.O. Box 140577
Coral Gables, FL
33114-0577, U.S.A.

•

TEL: 1-305-446-7608
FAX: 1-305-442-0041

•

Publisher:
Benny L. Ellerbe
JCI Secretary General

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1995 GALS: JCI discusses global issues at United Nations

New York City and the UN Headquarters were the site of one of JCI's most outstanding meetings in recent years. Attending the JCI Conference for the United Nations' 50th Anniversary were 336 JCI members from 70 National Organizations and five contact countries.



Delegates gather at the JCI Conference for the United Nations' 50th Anniversary.

Apropos to "JCI Vision for the Future of the UN," JCI President David Hide Oji expressed his thanks to the National Presidents and Representatives at the global forum.

Three committees chaired by JCI EVP Lung, VP Bouverat and Chief Executive Assistant Clear devised a declaration for approval at the Glasgow World Congress.

Delegates heard addresses by two UN Undersecretaries General, Japan's Ambassador to the UN, UNESCO Representative Bambuck, UNICEF Ambassador Lewis, and other leaders. Keynote speakers addressed 21 UN Ambassadors at special luncheons.

Many National Presidents visited their Permanent Missions to the UN. More than 70 national Board members and state presidents of USJCC participated in seminars and committees.

Japan JC President Jun Yamamoto hosted an outstanding dinner at the United Nations HQ on Opening Night. A major sponsor, JJC had more than 90 delegates. The Korean-American Jaycees and Cheju JC hosted the Farewell Dinner.

President Oji chaired the program, which provided great insight into the UN and the role of nongovernmental organizations (NGOs) in UN initiatives. JCI renewed its commitment to global business development, environmental support, and "The Future of Children." Only by understanding the opportunities before us can we always be "One Step Ahead."

Mottainai photo contest: a priceless reward—the smile of a child

For centuries in Japan the word Mottainai has been part of daily life. More recently the word has spread around the world, thanks to the Mottainai Movement of Junior Chamber International now in its second year of promotion.

The meaning of Mottainai is vast. It is a humble state of mind imbued with gratitude and a sense of regret over any wasted time, materials, potential or knowledge. Although this state of mind has many interpretations, the word Mottainai encompasses them all.

In line with 1995 JCI President Oji's theme, "The Future of Children," the Junior Global Citizens Development Program Seminar and Photo Contest was presented at all four JCI Area Conferences this year by the JCI Project Special Committee of Japan Junior Chamber, Inc.

Under this theme, Mottainai focuses on the unlimited potential of each child. The theme induces us to ponder how we can provide—through Junior Chamber activities—the opportunity for children to develop the skills and motivation to strive for a better future.

Entries for this year's "The Future of Children" Photo Contest are arriving from all over the world. The winner will receive an award at the JCI World Congress in Glasgow. The photos illustrate the activities developed by Junior Chambers worldwide and reveal the best reward for our conducting these activities: smiles on the faces of every child. Their pure, sincere spirit shimmers through their many messages of happiness and hope. That same desire is in the heart of every Junior Chamber member concerned for the future of humanity—"The Future of Children."

Overcome your fears with courage and principles

Action movies would have us believe that courage requires muscle, rock-solid character, and swift reaction in the face of adversity.

In reality, courage is much more complex than a spontaneous reaction to danger. While it does take courage to rush into a burning building, speaking up for yourself and conquering fears are also acts of courage.

Here are some tips to be more courageous in everyday life:

A. Enemies of courage

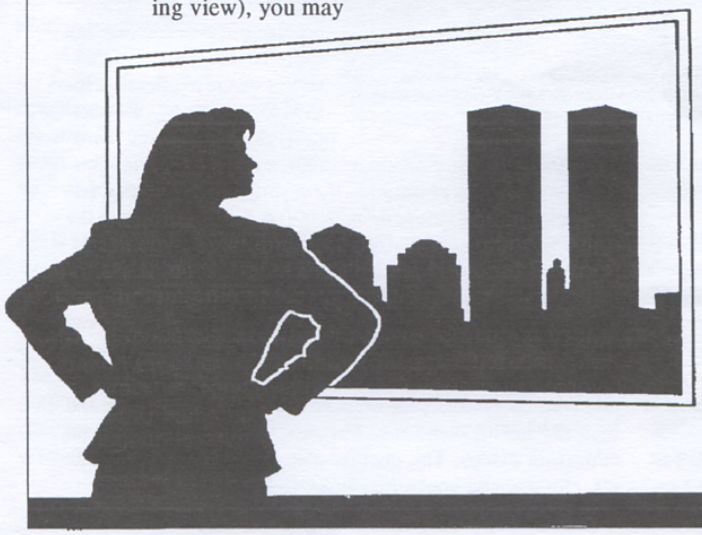
Ideally a courageous act is preceded by rational thought that conquers fear. Courage occurs when the circuits in the thinking part of your brain (cortex) suppress the frantic emotional center. Instead of being paralyzed, you become able to think clearly and act sensibly, despite your fear of the risks.

1. The hope trap

One big obstacle to courage is hope, because it eases anxiety, pain and tension. While hope has many positive qualities, it also persuades us not to act. Hope is frequently accompanied by denial—the result of fear to face the truth.

2. Aggression and procrastination

Aggression and procrastination are also enemies of courage. Instead of thinking through what needs to be done (with a realistic and perhaps frightening view), you may either lower your head and push forward blindly, or you may postpone action.



B. Knowing when to act

1. Teach yourself to think realistically, not catastrophically.

It is easy to fall into the trap of thinking that personal disaster will be the inevitable result of any action you take.

We mentally exaggerate the possible consequences of any act or situation to avoid taking risks and incurring harm. What is merely unpleasant becomes unbearable; what is unfortunate becomes tragic.

While hopeful thinking soothes fears, catastrophic thinking inflames them. Stoked by doomsday scenarios, fear can escalate to a level where it completely immobilizes you. Catastrophic thinking can become a deeply ingrained habit.

2. When a problem demands a showdown, admit you are afraid.

By acknowledging your fears, you control them rather than they control you.

If you have time before action is necessary, think through the possible solutions in order to make the best choice. Withdraw from the situation to an emotionally safe place where you can calm yourself and gather your thoughts.

An important aspect of courage is realizing when you do not know enough to act. At that point, seek advice from experts, or do the necessary research until you do.

3. Think of your principles when you need to decide whether to act.

Courage does not require spontaneous action, though sometimes quick thinking is necessary. Reminding yourself of what is valuable and important to you can be a source of strength.

True moral courage comes from doing what you believe is right—not going along with the majority or seeking refuge in conventional ideas of right and wrong. The fear of disapproval is strong, and it takes the courage of principles to act in the face of it.

Projects across the globe—helpir

FIJI—Chapter: Suva Junior Chamber
Project: Suva Secondary School's Perfect Seminar
Suva Junior Chamber selected 10 excellent students from each of 20 secondary schools and invited them to attend a full-day Leadership Seminar consisting of four training sessions. As a result, the chapter received more exposure to the community, offered great leadership training to 200 students, and gained 10 of them as new members.

U.S.A.—Chapter: Charlotte Jaycees
Project: Hugh O'Brian Youth Foundation Leadership Seminar
Charlotte Jaycees ran a similar project, a three-day Leadership Seminar for high school sophomores throughout the state of North Carolina. There were 172 nominations received and 165 students ultimately attended. Every member of the chapter contributed to the success of the Leadership Seminar, and the chapter realized a gain of US$2,000.


A group of children gathers after receiving vaccinations provided by the Banyan City (India) chapter.


A "Child Care Week" sponsored by the Bombay Santacruz (India) chapter provides activities for disabled and orphaned children.

MALAWI—Chapter: Malawi Junior Chamber
Project: School Safety Patrol Program
The goal of this program was to reduce student accidents by stationing safety patrols at crossings in the morning and at dismissal times. The project began in four schools, with older students halting cars to allow children safe crossing. This measure reduced accidents to practically zero. The project later came under the authority of the National Road Safety Council and was introduced throughout Malawi's entire school system.

MALAYSIA—Chapter: Jaycees Petaling Jaya
JAPAN—Chapter: Higashi Iruma Junior Chamber
REPUBLIC OF CHINA—Chapter: Tao Yuan Junior Chamber
Project: Global Friendship School 1995
Led by Jaycees Petaling Jaya, these chapters organized a project to foster friendship among students from the three countries. The six-day event involved 41 Japanese, 30 Taiwanese and 29 Malaysian students, all from 12 to 18 years. Also participating were 36 members from the three chapters and other volunteers. The program included a trip to the Reserve Forest Institute of Malaysia for a nature walk. Other activities were tree planting, city and historical sites tours, one night home-stay for the students, and a farewell party with games and traditional dances. Students and members benefited from the cultural exchange, made new friends, and the three chapters enhanced their sister-chapter relationships.

GERMANY—Chapter: Hamburg
Project: Job Experience for School Students
Wirtschaftsjunioren Hamburg arranged for more than 100 temporary employment positions for students. The chapter worked hard to find just the right position for each student. Members of the Hamburg chapter realized that a successful first job experience is very important for student motivation and career development. The chapter further promoted the project through articles in the press.

NIGERIA—Chapter: Akure
Project: 2nd Football Competition
Akure Junior Chamber organized a football competition for the second time. More than 1,000 players from 25 public and private secondary schools competed. The objectives were to provide a forum for friendship and mutual understanding, recreation for children, and entertainment. The event also provided a great opportunity for the country to spot young talent with potential. More than 20,000 spectators attended the final match at the State Headquarters Stadium.

INDIA—Chapter: Orange City
Project: Adoption of Balwadi Children
In this project the chapter "adopted" 70 children of the Balwadi area for its Community Development projects. The children received daily coaching classes in primary education and monthly health checkups. Mothers attended nutrition and education camps. The chapter also distributed ORS packets, clothes, and books from time to time.

g to better the Future of Children

INDIA—Chapter: Marine Lines
Project: Child Care Week
Child Care Week ran from June 7 to 13, during which the chapter organized 14 projects. The objective was to help disabled and poor children by providing school supplies, books, clothes, and ORS packets. Activities included competitions for the more than 1,000 children who participated.

INDIA—Chapters: Ladwa, Madras, Botad, Mahoba and Kottakkal
Project: Medical Checkup Camp in School
These five chapters organized a similar project. Ladwa Junior Chamber carried out the project three times in 1995, benefiting 640 children. The Kottakkal Junior Chamber held the project once, ministering to 4,500 children, and Madras Junior Chamber ran the project once, assisting 250 children. Botad undertook the project once and 4,500 children received care and materials. Mahoba conducted the program once and 523 children participated. The chapter arranged these free dental and medical checkups at local schools.



Suva (Fiji) Junior Chamber sponsors a Leadership Seminar to help and inspire outstanding area students.

INDIA—Chapter: Banyan City
Project: Polio Vaccination Camp
Banyan City chapter provided vaccine for approximately 37,000 children—its target was 35,000, but an additional 2,000 actually received the vaccine. Rotary and Lions Clubs joined the efforts of the Junior Chamber, working in cooperation with the municipality and the State Bank of India. The project is not yet finished; another 100,000 children should receive vaccinations by the year's end.


Children receive medical care and checkups at area schools in a project organized by the Botad (India) chapter.

INDIA—Chapter: Jalandhar City
Project: Jaycee On-the-Spot Coloring Contest
Jalandhar City Junior Chamber conducted a coloring contest among elementary school children and 1,465 children participated. The contest focused on three topics: "The Future of Children," "Save Mother Earth," and "Healthy Individual—Healthy Nation." The purpose was to foster in children an awareness of their future, encourage creativity, and emphasize to them the importance of protecting planet earth.

INDIA—Chapter: Bombay Santacruz
Project: Child Care Week
Bombay Santacruz is a chapter of college students between the ages of 18 and 25. They organized a week-long project, mostly for disabled and orphaned children. Activities included Help Day (poster competition in schools on "Children—Our Future"), Child Education Day (book donations to orphanages), and Needy Child Day (distribution of medicines). Also organized were ORT Day (distribution of ORT packets), Mothers' Day (survey on problems faced in raising children). Nutrition Day (members spoke on nutrition and distributed pamphlets) was another feature as was Healthy Child Day (sports competition for disabled children and swimming competition).

SRI LANKA—Chapter: Hendala
Project: Scholarships for 66 Orphans
The Hendala Jaycees collected funds to sponsor the education of the 66 children in the SOS Children's Village for one year. This village is part of the International Children Welfare Organization and provides care in a family environment for orphan and destitute children. Hendala also organized a party and games project for disabled and homeless children, hoping to create a bright spot in the monotonous lives they have. Another project was the donation of medical and nutritional items to more than 50 children at the Mother Teresa's Home.

PANAMA—Chapter: Ciudad de Panama
Project: School Supplies for Escuela el Lirio
The 100 children from El Lirio School received the benefit of this project conducted by the Ciudad de Panama chapter. Members investigated the needs of the children, aged 6 to 12 years, and then sought donations from local businesses. The supplies arrived during a special event featuring different activities for the children organized by members of the chapter.

Taking a position in an ever-changing world



By Jean-Paul Michel, 1995 JCI Vice President

The world has changed greatly in the last few years. Recent and completely unexpected changes in international relations are now firmly established. Our immediate environment changes daily. We are on the threshold of a new century.

What position should Junior Chamber take in this ever-changing world? Every Jaycee faces this fundamental question.

Fellow Jaycees, we do not have a choice; Junior Chamber must be the avant-garde movement and remain open to the realities of the world. Ours is a leadership role.

The JCI Vice Presidents

In order to show the way in service to the community, Junior Chamber needs to concentrate its energies yet be present everywhere. We must get across our message: *let's build a better future.*

As JCI ambassadors and privileged servants of National Organizations, JCI VPs are the ideal links to facilitate our Mission. They are in continuing dialogue with the members and JCI. They listens and share with members the successes and failures of the movement.

On their travels, they strive to represent the true message of Junior Chamber, working constantly to strengthen the JCI identity.

JCI VPs gladly contribute assistance and advice to solve problems and promote action. They always recommend intensive use of an excellent, renewable, and inexhaustible energy—human energy.

They always seek to develop a winning strategy for themselves, for Junior Chamber, and for the members.

They and their assigned NOMs become partners in the same projects and frequently establish permanent friendships through their work relations.

Wherever they go, they represent our international organization of young professionals. Many young candidates are impressed by JCI VPs' enthusiasm, motivation and conviction. Such strength, efficiency and quality can all be developed through Jaycee interaction and achievements.

The Members

If we want the world to recognize that Jaycees is an extraordinary organization, we must use our collective energies to make outstanding projects a reality in our communities.

In a world of turmoil and uncertainty, the Junior Chamber movement can accomplish much simply by living and spreading its Mission and Creed. Our international organization is made up of human beings—the most powerful force of change—who can distinguish themselves by working for betterment on local, national and international levels.

When we add imagination and energy to the training and action of the movement, we achieve the motivation and competence needed to serve the community well.

Our responsibility is enormous, but so is our inspiration.

Conclusion: Positive Changes

If we fully live our Jaycee experience, it remains deeply etched in our personalities. When we leave the movement—our training school for life—it is this deep, distinctive training that will make the difference in our everyday lives. The experience will influence all our future commitments—family, professional and public.

Positive changes are defined in our Mission as the final objective. But first—as every generation of Jaycees since our founders—we have to identify the challenge before we can accomplish the change.

If human wisdom ultimately prevails, our primary challenge will be to ensure a world of balance, mutual respect, and sharing for all humankind. We must also heed the demands of nature and the environment.

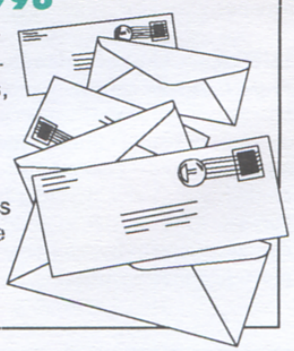
By making positive changes, we will be expressing the pursuit of happiness.

MONTHLY MAILINGS AVAILABLE TO CHAPTERS IN 1996

Besides the quarterly Leader newsletter, JCI edits a four-page, monthly newsletter for National Officers. Each month JCI sends this publication and other administrative documents to all National Presidents, National Officers, National Secretariats, JCI Board members, and other appointed officers.

In 1996 this service will also be available to chapters for a US$100 subscription fee. Documents include a minimum of four "One-Hour Junior Chamber Training Seminars," Mini Directory, Summary of Decisions of the JCI Board, and many flyers and brochures usually sent only to National Presidents. Your chapter will still be entitled to receive the quarterly Leader newsletters.

For more information, please contact the JCI World Headquarters.



JUNIOR CHAMBER INTERNATIONAL

Global Mottainai Movement

MOTTAINAI NEWS

No. 4, 1995

MOTTAINAI

The Future of Children—in our hands

Heartfelt appreciation goes to JCI and USJCC members for attending the Mottainai "Future of Children" program at the Global Affairs Leadership Seminar (GALS). Japan JC conducted the program on August 20 at the UN Plaza-Park Hyatt, New York. The event kicked off the UN 50th Anniversary Conference GALS under the theme, "The Future of Children." The purpose of the Mottainai seminar was to increase a sense of global citizenship and to aim at cooperative living in "The New Age of Global Citizenship." The seminar was full of excitement and energy as delegates from many nations gathered in one room.

The seminar began with an enthusiastic keynote speech by President Oji. He repeatedly encouraged participants to enter the Photo Contest and exhibition (at the Glasgow World Congress) and spoke about the future importance of this project. President Oji also discussed working together closely to make the project very successful, and he suggested the roles members could play.

A panel discussion followed President Oji's speech. EVP Lung presented the history of UNICEF and earnestly expressed his opinion that we should make efforts to expand activities in this area. EVP Trejos reported on several "Future of Children" projects that were inspired by the Mottainai Movement. EVP García reported an increase in the number of street children in many countries and stressed that we must not overlook their situation.

The Photo Contest promises to be a success. Many NOMs have submitted their entry forms and photographs of children. The entry deadline was September 30.

The commission members in charge reconfirmed the importance of this program. Preparations are now being made for the Photo Contest on November 6 and for the Award Ceremony on November 9 at the Glasgow World Congress. In mid-October Japan JC held a Preliminary Selection Committee meeting. They selected 50 photos from all the entries and will submit them at Congress to the Award Judging Committee, headed by Mrs. Oji.

Winners in five categories will be selected. The Grand Prix winner will receive an air ticket worth ¥600,000 from Japan Airlines and a plaque; the winner in each other category will receive an air ticket worth ¥100,000 and a plaque. There will also be awards for Most Outstanding Entry and Special Awards (Photo Special Award, Project Special Award, and Message Special Award). Each NOM that sends entries will receive a certificate of participation. Judging will be based on the following factors:

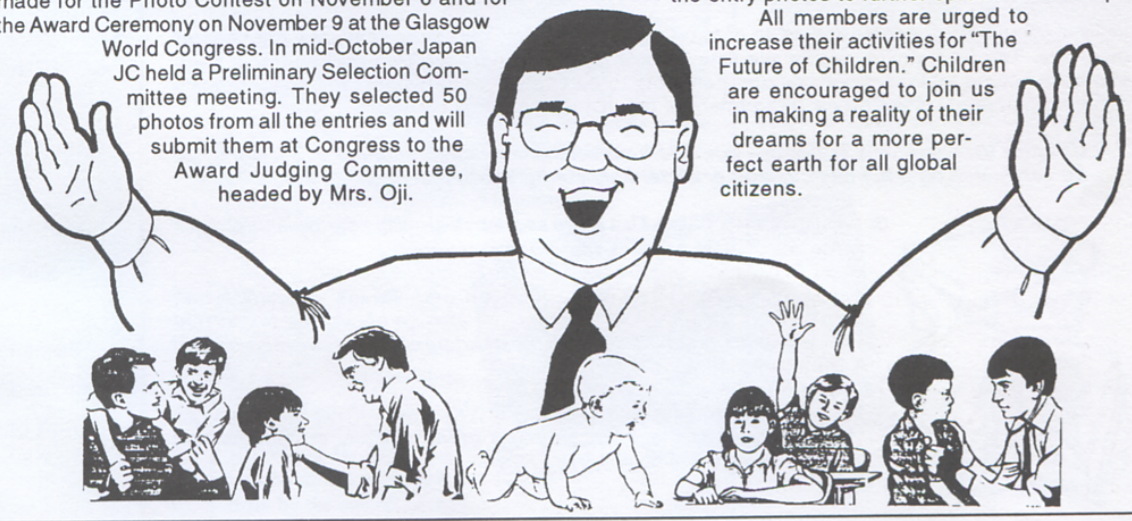
1. To what extent does the photo define the project and capture the features of the children?
2. How does the project contribute to "The Future of Children"?
3. Can we feel the children's message and emotions from the photo?
4. Does the entry fulfill all of the above elements?

The following points are also important:

* The photos are impressive and convey a bright "Future of Children."
* The project relates to—and has been very effective toward—the concept of "The Future of Children."
* The photos express both the childlike messages and the children's hopes for the future.

To give greater exposure to projects for "The Future of Children" and to expand their applications, a survey will be conducted on how to make the most of the projects and photos collected. Postcards will be made based on the entry photos to further spread the concept.

All members are urged to increase their activities for "The Future of Children." Children are encouraged to join us in making a reality of their dreams for a more perfect earth for all global citizens.



LEADER *is published by Junior Chamber International (JCI), Inc., to provide noteworthy information and news to local chapters. To contribute to this newsletter or for more information, contact: Junior Chamber International, 400 University Drive, P.O. Box 140577, Coral Gables, FL 33114-0577, U.S.A. Telephone: 1-305-446-7608, Fax: 1-305-442-0041.*

Services and publications for chapters and members

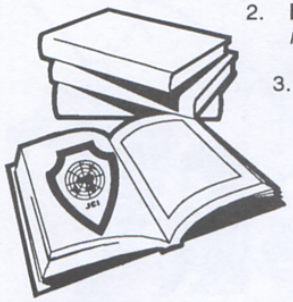
Many chapters struggle with problems year after year without reaching a solution or seeking help. Often neighboring chapters are the best source of aid, especially if the national assigned officer is not available. But the JCI World Headquarters and its professional staff are also ready to give advice and send useful publications. The following lists publications that are available to chapters from the JCI World Headquarters:

1. **Chapter Constitution Guide**—*revised; includes the fifth Area of Opportunity.*
2. **One Year to Lead**—*Chapter President's Manual.*
3. **Parliamentary Procedures**—*practical examples of meeting procedures.*
4. **Chapter Extension Guide**—*useful tool for establishing a new chapter or NOM.*
5. **Fund-Raising Guide**—*helpful advice on gaining sponsorship.*
6. **Training Opportunities at Chapter Level**—*new approach to training chapter members.*
7. **Projects for Progress**—*Community Area of Opportunity manual.*
8. **Individual Development #1**—*four-page folder (available in quantities) for distribution to chapter members. Contains articles on how to run for office, parliamentary procedures, membership growth, project planning, and the history of JCI and the World Headquarters.*
9. **Individual Development #2**—*four-page folder (available in quantities) for distribution to chapter members. Contains articles on fellowship, explanation of the JCI Creed, and how to present a report.*
10. **Mini Directory**—*shorter version of JCI's complete Directory, updated monthly.*
11. **Your Guide to Twinning**—*guide for chapters in establishing a Twinning program.*

THE ONE-HOUR JUNIOR CHAMBER TRAINING SEMINARS

In 1995 JCI began publishing a series of short training sessions for use at seminars and chapter meetings. The four now available are listed below, and four more will be published next year. Manuals include instructor's notes and handouts to be copied for participants. Transparencies can be obtained from the Sales Department of the JCI World Headquarters.

1. **Chapter Management Training**—*ten, one-hour sessions for chapter officers. Sessions can be conducted as a full-day seminar or separately during Board meetings.*



2. **Project Planning**—*This entire session deals with how to plan a project; ideal for new members and project chairmen.*
3. **Junior Chamber Vision, Mission and Values**—*a must for all chapter officers. This session can also be conducted for current members needing better understanding of the vision, mission and values of Junior Chamber.*
4. **How to Win Any Debate or Argument**—This brief seminar presents tactics essential in order to excel in debates and always win arguments.

JCI CREED

"We believe: That faith in God gives meaning and purpose to human life; That the brotherhood of man transcends the sovereignty of nations; That economic justice can best be won by free men through free enterprise; That government should be of laws rather than of men; That earth's great treasure lies in human personality; And that service to humanity is the best work of life."